



COUPON BOOK

JULY 1 - SEPTEMBER 30 2026

DISCOUNTS & SAVINGS FROM
DOWNTOWN BUSINESSES

50%
OFF

20%
OFF

10%
OFF



Follow us
@ShopMapleRidge

Our one-of-a-kind Banner Bags are handmade from retired Maple Ridge street banners, giving local history a second life. Funds from our sales goes to support community programs and beautification of our downtown.



Grab yours today at
T's Once Upon A Tea
Leaf or scan the QR
code to shop online!



Carry a piece of Maple Ridge wherever you go.



*In a nutshell, The Nut is a coffee shop,
brewing community, one cup at a time!*

Unit 104 - 22638 119 Ave

Hours: 7:00am - 4:00pm Mon-Thur

7:00am - 6:00pm Fri

8:00am - 6:00pm Sat/Sun

We cater coffee, tea, baked goods & more for your event.

Visit our website to explore our catering options!



hello@thenut.ca



(604) 364-3311

1

25% Any seasonal drink, any size

OFF



@thenut.ca



Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



Buy 1 large pepperoni pizza and
receive a FREE 2-Scoop Ice Cream



One coupon per day. PICK UP OR WALK IN ONLY
Must inform when using coupon when ordering

Valid July 1st, 2026 - September 30th, 2026

Home of Authentic Chicago Deep Dish Pizza
Serving Maple Ridge for over 20 years!

 **Mona Pizza**

TAKE OUT. DELIVERY . ONLINE ORDER

22292 Dewdney Trunk Rd, Maple Ridge

www.monapizza.ca

604-463-1111 or 604-463-2448

3



LATIN FLAVOURS KEEPS MAPLE RIDGE MOVING!

COME EXPERIENCE
HIGH-ENERGY CLASSES, FUN
VIBES, AND COMMUNITY
SPIRIT THAT BRINGS
EVERYONE TOGETHER!!

Grab a friend and enjoy 2 for 1 for any drop-in class
any day of the week!



11841 - 224th Street | latinflavoursfitness.com
@ [latinflavours.fitness](https://www.instagram.com/latinflavours.fitness) [latinflavoursfitnesszumba](https://www.facebook.com/latinflavoursfitnesszumba)

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



15% OFF

ALL regular priced items

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



Stop by our Maple Ridge location for great deals, friendly staff, and lots of toys and food to choose from for your furry friends!



22745 Dewdney Trunk Rd, Maple Ridge
604-463-3855 | BOSLEYS.COM

BROWNIES

chicken & seafood

PROUDLY CANADIAN

LOCALLY OWNED AND OPERATED

22899 DEWDNEY TRUNK ROAD, MAPLE RIDGE

brownieschicken.com 604-479-2800

Seafood Combo

1 pc of sole + 4 scallops + small fries

\$13.99

Must present coupon at time of order

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers

5

Chicken Combo

9 pcs chicken + medium salad + medium fries

\$35.99

Must present coupon at time of order

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



10% OFF

ALL ITEMS IN STORE

Monday - Friday 9am - 4pm | 22211 Dewdney Trunk Rd | 604-463-2388

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



Maple Ridge Janitorial Supplies

Proudly carrying a wide selection of Canadian-made products

Soaps, Paper Products, Garbage Bags, Brooms, Mops, Commercial Solutions, Cleaning Supplies & Accessories.



6



ON-LINE
SHOP

Order online: mapleridgejanitorialsupplies.com

**BEXLEY
BROMLEY
BRIXTON**

HAIR CO.



bexleyhairlounge



Bexley Hair Lounge

22378 119 Avenue, Maple Ridge

BEXLEYHAIR.COM | 604-463-6431

**BEXLEY
BROMLEY
BRIXTON**

HAIR CO.

**FREE DEEP
CONDITIONING MASK
WITH HAIRCUT PURCHASE**

Valid July 1st, 2026 - September 30th, 2026

Can also be redeemed at Bromley Hair Lounge & Brixton Hair Co

**one coupon per customer *must present coupon in-store *not valid with any other discount or offers *select stylist only*

**BEXLEY
BROMLEY
BRIXTON**

HAIR CO.

**10% OFF
ALL SALON PRODUCT**

Can also be redeemed at Bromley Hair Lounge & Brixton Hair Co

Valid July 1st, 2026 - September 30th, 2026

**one coupon per customer *must present coupon in-store *not valid with any other discount or offers *select stylist only*



Get 2 foot long subs (Ham, Cold Cut Trio,
Pizza, or Veggie Delight) for \$14.99
when you buy a large drink.



Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



Serving up something craveable!!

Coupon valid at 11969 224th St location ONLY

Phone: 604-463-3663

Hours: Monday-Thursday 7am - 12am | Friday/Saturday 7am - 1am

Sunday 8am - 12am

by Charley Madison

#201-22471 Lougheed Hwy
778-571-7221

BYCHARLEYMADISON.COM
@BYCHARLEYMADISONMEDSPA

— MEDICAL SPA —

9

15%
OFF

ALL OUR CANADIAN MADE RETAIL ITEMS ✂

- ✶ Mismack Cosmetics
- ✶ Vivier Skin Care Products
- ✶ Old Ivy Style Earrings
- ✶ Roshni Candles

coupon valid from July 1st, 2026 - September 30th, 2026 · one per customer · must present coupon in-store



Buy One Tune-up, get 25% OFF a 2nd Tune-up for any style bike

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers

@mapleridgecycle @mapleridgecycle67



We are a **locally owned** bike shop that has been serving the community of Maple Ridge for many years.

10



📍 **11771 Fraser St**
📞 **(604) 463-4823**
🌐 **mapleridgecycle.ca**

We are a friendly, reliable shop to help you get out & ride!

CERAMIC STUDIO

We offer drop-in ceramic painting,
birthday parties, private events

Unit 108 - 22550 Dewdney Trunk Road
Maple Ridge
604-380-3801

THE
CREATE
SHOP



15% OFF CERAMIC STUDIO

Valid Jul 1, 2026 to Sept 30, 2026

THE
CREATE SHOP

* one coupon per customer • must present coupon in-store • not valid with any other discount or offer

Abaca Shaba
SOURDOUGH FOCACCERIA & CAFE

GET 12% OFF

when you buy any 2 items

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



12

A community-focused bakery specializing in fresh sourdough, seasonal goodies and crafted espresso drinks.

22346 DEWDNEY TRUNK ROAD
(604) 477-9144 | **ABRACASHABAFOCACCERIA.CA**

Our gift cards are the perfect gift for friends & family!

Redeemable at over 90 shops, restaurants, and service providers in downtown Maple Ridge!



A gift that TRULY fits everyone!



13



Scan here to order
through our online store!

Check out all locations accepting Gift Certificates here
members.downtownmapleridge.ca/dmrbia-gc



BC owned and operated



**Everything
For Your Pets!**

**Seniors Day 10% Off
First Tuesday Of Every Month**



22778 Lougheed Hwy, Maple Ridge

MRPETS.CA



604-467-6252

\$5.00 OFF
when you spend
\$25.00 or more



mrpets

**only at posted location*

Valid July 1st, 2026 - September 30th, 2026

**one coupon per customer*

**must present coupon in-store*

**not valid with any other discount or offers*



**Book
WAREHOUSE**

\$5.00 OFF
any purchase of
\$25.00 or more

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



**Thanks for
reading
with us
since 1963.**



Follow us    **blackbondbooks**

ValleyFair Mall, Unit 250 - 22709 Lougheed Hwy, Maple Ridge

604-463-8624

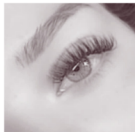
BLACKBONDBOOKS.COM



236-427-4892

info@thenailistbeauty.ca

Unit 101-22337 Lougheed Hwy



📷 @thenailist_studio 📺 @The Nailist Beauty Co

**Wake up with darker, lifted lashes
and perfectly shaped brows.**

Lash Lift & Tint Deal

FREE brow wax (\$20 value)

& a \$10.00 certificate for your next visit!

Valid July 1st, 2026 - September 30th, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers*



GIFT CERTIFICATE

IT'S SMART. IT'S FREE. IT COULD CHANGE YOUR LIFE.

Complimentary Financial Needs Analysis

 Call us at **604-380-3111** for more information or to set up your complimentary FNA and start living a better future today! Valid July 1st, 2026 - September 30th, 2026

NEW LOCATION: Unit 4 - 11841 224 St, Maple Ridge

604-380-3111 | PRIMERICA.COM/COREY-SCHMIDT

17

Take control of your finances with Primerica's Financial Needs Analysis (FNA). Our representative will help you develop effective strategies to achieve your financial goals by examining your situation up close.

With your personalized FNA, you'll discover how to:

- Pay off credit cards and loans efficiently
- Build savings for retirement
- Building savings for education expenses
- Provide for your family's financial security



PRIMERICA®

This certificate has no cash value or equivalent. In Canada Primerica representatives are independent representatives promoting the financial services and products of Primerica Life Insurance Company of Canada and PFSL Investments Canada, Ltd., mutual funds dealers.



**BLENZ[®]
COFFEE**



Unit 122 - 22441 Dewdney Trunk Rd, Maple Ridge

BLENZ

in MAPLE RIDGE

2-FOR-1 *only at posted location

BEVERAGES

Valid July 1st, 2026 - September 30th, 2026

Buy any beverage at regular price and receive a second beverage (equal or lesser value) for free. Cannot be combined with other offers.

LOVE AND SUPPORT DOWNTOWN BUSINESSES



**Every local purchase grows our
community.**



#150 - 22470 Dewdney Trunk Rd
Book online: temptationssalonandspa.com
Call for an appointment: 604-466-1222



Experience the beauty of Eminence Organic Skin Care, available exclusively at Temptations Salon & Spa. Give your skin the care it deserves with Temptations' services & products with beautiful results.

Spend \$199 or more on Eminence skincare products and receive a FREE Basic Facial valued at \$65!

Valid July 1st, 2026 - September 30th, 2026



*one coupon per customer *must present coupon in-store *not valid with any other discount or offers

**Get 2 counselling sessions for the price of one.
Call or email to book an appointment**

**A \$145.00
saving!**

22420 Dewdney Trunk Rd, Suite 300
natasha@ridgehealth.ca | 778-776-1464

Valid July 1st, 2026 - September 30th, 2026



*one coupon per customer *must present coupon in clinic *not valid with any other discount or offers



**Counselling helps you to
gain clarity, build
resilience, and feel
supported through life's
challenges with professional
guidance that helps you
move forward with
confidence and balance.**



OUT OF THE BOX,
INTO THE RING.

ANIMO

BOXING & MMA

STRONGER BODIES

Follow us



STRONGER MINDS

#1 – 22935 Lougheed Hwy | 604-463-0612



22



2-WEEKS UNLIMITED TRIAL

\$49.00

plus taxes

available for adults, teens & kids (ages 5-13)

Valid July 1st, 2026 - September 30th, 2026



*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers

Festival Vibes & Fabulous Finds

Shop, stroll, and discover something amazing! Our festival markets featuring incredible vendors offering unique products, handmade goods, and hidden gems. Come for the celebration and leave with unforgettable finds you'll be talking about long after the festival ends.

Canada Day Market • July 1st

Our Neck of the Woods Market • September 5th

23



**Sussex
Insurance**

*Open 9 to 9
every day!*

Maple Ridge

(Inside Walmart)

11850 224 St | 604-380-2299



Win a \$100 Gas Card!

Fill out & drop off before October 1, 2026

Name: _____

Phone #: _____

Email: _____

☐ Yes, please contact me about the insurance you provide!

*No purchase necessary. One entry per person. Must be 18 years or older.

Privacy Policy: We will not sell or distribute your personal information.

**Sussex
Insurance**

24

Sussex Insurance - Maple Ridge (Inside Walmart) 11850 224 St



**SURE PRINT &
COPY CENTRE**

**Photocopying • Full Colour Laser Copies
Full Service Printing
Large Format Copying • Laminating
Spiral Binding**

**22307 Lougheed Hwy.
Maple Ridge, BC
V2X 2T3**

**Tel: 604-467-8744
surebc.com
sure@surebc.com**



FREE
SONICARE
ELECTRIC
TOOTHBRUSH

newEra

DENTIST

Step up your Dental Care routine with a Free Electric Toothbrush after your New Patient Hygiene and Oral Exam appointment.



(604) 479-9991



NewEraDentist.com



20-22265 Dewdney Trunk Rd
Maple Ridge, BC V2X 3H9