



COUPON BOOK

SEPTEMBER 1 - DECEMBER 31 2026

DISCOUNTS & SAVINGS FROM
DOWNTOWN BUSINESSES



Follow us
[@ShopMapleRidge](#)



PRIMERICA® #4 - 11841 224th St. Maple Ridge

Complimentary Financial Needs Analysis

IT'S SMART. IT'S FREE. IT COULD CHANGE YOUR LIFE.

Call: 604-380-3111 | Email: cschmidt@primerica.com

for more information or to set up your complimentary FNA
and start **living a better future today!**

With your personalized FNA, you'll discover how to:

- Pay off credit cards and loans efficiently
- Build savings for retirement
- Building savings for education expenses
- Provide for your family's financial security

Our representative will help you develop effective strategies to achieve your financial goals by examining your situation up close. In Canada Primerica representatives are independent representatives promoting the financial services and products of Primerica Life Insurance Company of Canada and PFSI Investments Canada, Ltd., mutual funds dealers.

Seafood Combo

1 pc of sole + 4 scallops + small fries

\$13.99

Must present coupon at time of order
Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers

Chicken Combo

10 pcs chicken with large fries

\$35.99

Must present coupon at time of order
Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers

BROWNIES

chicken & seafood

PROUDLY CANADIAN

LOCALLY OWNED AND OPERATED

22899 DEWDNEY TRUNK ROAD, MAPLE RIDGE

brownieschicken.com 604-479-2800

OUT OF THE BOX,
INTO THE RING.

ANIMO
BOXING & MMA

**STRONGER
BODIES**

Follow us   

STRONGER MINDS

#1 – 22935 Lougheed Hwy | 604-463-0612

MEMBERSHIP JUST GOT BETTER

**Save \$30.00/monthly on
all MEMBERSHIPS**

Valid October 1st, 2026 - December 31st, 2026



*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



10% OFF

ALL ITEMS IN STORE

Monday - Friday 9am - 4pm | 22211 Dewdney Trunk Rd | 604-463-2388

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers

Maple Ridge Janitorial Supplies

Proudly carrying a wide selection of Canadian-made products

Soaps, Paper Products, Garbage Bags, Brooms, Mops, Commercial Solutions, Cleaning Supplies & Accessories.

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ON-LINE
SHOP

Order online: mapleridgejanitorialsupplies.com

by Charley Madison

— MEDICAL SPA —

#201-22471 Lougheed Hwy
778-571-7221

BYCHARLEYMADISON.COM
@BYCHARLEYMADISONMEDSPA

**15%
OFF**

ALL OUR CANADIAN MADE RETAIL ITEMS

- ✻ Mismack Cosmetics
- ✻ Vivier Skin Care Products
- ✻ Old Ivy Style Earrings
- ✻ Roshni Candles



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coupon valid from October 1st, 2026 - December 31st, 2026 · one per customer · must present coupon in-store



**BUY ANY 2 MENU ITEMS
AND GET 10% OFF**

Pick up orders ONLY | 604-380-0777

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers

**Pizza night just found its new
favourite spot - Pizza 64**



Open Sunday - Thursday 11AM- 10PM
Friday - Saturday 11AM - 11PM

#4 - 22935 Lougheed Hwy | 604-380-0777



LATIN FLAVOURS KEEPS MAPLE RIDGE MOVING!

**COME EXPERIENCE
HIGH-ENERGY CLASSES, FUN
VIBES, AND COMMUNITY
SPIRIT THAT BRINGS
EVERYONE TOGETHER!!**



6

**Grab a friend and enjoy 2 for 1 for any drop-in class
any day of the week!**



11841 - 224th Street | latinflavoursfitness.com
@latinflavours.fitness  latinflavoursfitnesszumba

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



15% OFF

ALL regular priced items

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



bosley's

BY PET VALU

7

Stop by our Maple Ridge location for great deals, friendly staff, and lots of toys and food to choose from for your furry friends!



22745 Dewdney Trunk Rd, Maple Ridge

604-463-3855

|

BOSLEYS.COM

**BEXLEY
BROMLEY
BRIXTON**

HAIR CO.



bexleyhairlounge



Bexley Hair Lounge

22378 119 Avenue, Maple Ridge
BEXLEYHAIR.COM | 604-463-6431

**BEXLEY
BROMLEY
BRIXTON**

HAIR CO.

**FREE DEEP
CONDITIONING MASK
WITH HAIRCUT PURCHASE**

Valid October 1st, 2026 - December 31st, 2026

Can also be redeemed at Bromley Hair Lounge & Brixton Hair Co

**one coupon per customer *must present coupon in-store *not valid with any other discount or offers *select stylist only*

**BEXLEY
BROMLEY
BRIXTON**

HAIR CO.

**10% OFF
ALL SALON PRODUCT**

Can also be redeemed at Bromley Hair Lounge & Brixton Hair Co

Valid October 1st, 2026 - December 31st, 2026

**one coupon per customer *must present coupon in-store *not valid with any other discount or offers *select stylist only*



Get 2 foot long subs (Ham, Cold Cut Trio, Pizza, or Veggie Delight) for \$15.99 when you buy a large drink.

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



Serving up something craveable!!

Coupon valid at 11969 224th St location ONLY

Phone: 604-463-3663

Hours: Monday-Thursday 7am - 12am | Friday/Saturday 7am - 1am

Sunday 8am - 12am

**Sussex
Insurance**

*Open 9 to 9
every day!*

Maple Ridge

(Inside Walmart)

11850 224 St | 604-380-2299

Win a \$100 Gas Card!

Fill out & drop off before January 1, 2027

Name: _____

Phone #: _____

Email: _____

☐ Yes, please contact me about the insurance you provide!

*No purchase necessary. One entry per person. Must be 18 years or older.

Privacy Policy: We will not sell or distribute your personal information.

**Sussex
Insurance**

Sussex Insurance - Maple Ridge (Inside Walmart) 11850 224 St

AbacaShaba
SOURDOUGH FOCACCERIA & CAFE

GET 12% OFF

when you buy any 2 items

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers



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A community-focused bakery specializing in fresh sourdough, seasonal goodies and crafted espresso drinks.

22346 DEWDNEY TRUNK ROAD
(604) 477-9144 | ABRACASHABAFOCACCERIA.CA

PIXWI



— PIZZA AND WINGS —
MAPLE RIDGE
F-2 11900 HANEY PLACE



PIZZA



WINGS

☎ 604-479-2727

BUY ONE GET ONE

50% OFF

ANY XL PIZZA *

PIXWI
PIZZA AND WINGS
MAPLE RIDGE
F-2 11900 HANEY PLACE

\$26.99

VALID OCTOBER 1ST, 2026 – DECEMBER 31ST, 2026.
NOT VALID WITH OTHER DISCOUNTS OR OFFERS.
MUST PRESENT COUPON IN-STORE.

*COUPON ONLY VALID FOR XL PIZZA FROM THE MENU,
DOES NOT APPLY TO "MAKE YOUR OWN" PIZZA OR
HALF-AND-HALF.



Buy One Tune-up, get 25% OFF a 2nd Tune-up for any style bike



Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers

----- ✂
@mapleridgecycle @mapleridgecycle67



We are a **locally owned** bike shop that has been serving the community of Maple Ridge for many years.

📍 **11771 Fraser St**
☎ **(604) 463-4823**
🌐 **mapleridgecycle.ca**



We are a friendly, reliable shop to help you get out & ride!



*In a nutshell, The Nut is a coffee shop,
brewing community, one cup at a time!*

Unit 104 - 22638 119 Ave

Hours: 7:00am - 4:00pm Mon-Thur

7:00am - 6:00pm Fri

8:00am - 6:00pm Sat/Sun

We cater coffee, tea, baked goods & more for your event.

Visit our website to explore our catering options!



hello@thenut.ca



(604) 364-3311



14

25% Any seasonal drink, any size

OFF



@thenut.ca



Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



\$5.00 OFF
any purchase of
\$25.00 or more

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer

*must present coupon in-store

*not valid with any other discount or offers



**Thanks for
reading
with us
since 1963.**



Follow us    **blackbondbooks**

ValleyFair Mall, Unit 250 - 22709 Lougheed Hwy, Maple Ridge

604-463-8624

BLACKBONDBOOKS.COM

CERAMIC STUDIO

We offer drop-in ceramic painting,
birthday parties, private events

Unit 108 - 22550 Dewdney Trunk Road
Maple Ridge
604-380-3801



15% OFF CERAMIC STUDIO

Valid October 1st, 2026 - December 31st, 2026



* one coupon per customer • must present coupon in-store • not valid with any other discount or offer

Purchase a full boneless chicken order & get
***FREE 3-piece shrimp balls & shake shake fries**
(value of \$8.20)



Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers

Think you've had good fried chicken?



Wait until you try
Chicko Chicken and see
for yourself.

Under new ownership!

Sun - Thurs: 11:30AM - 9:00PM

Fri/Sat: 11:30AM - 9:30PM

22446 Loughheed Highway



BC owned and operated



**Everything
For Your Pets!**

**Seniors Day 10% Off
First Tuesday Of Every Month**



22778 Lougheed Hwy, Maple Ridge

MRPETS.CA



604-467-6252

18

\$5.00 OFF
when you spend
\$25.00 or more



mrpets

**only at posted location*

Valid October 1st, 2026 - December 31st, 2026

**one coupon per customer*

**must present coupon in-store*

**not valid with any other discount or offers*



Buy 1 large pepperoni pizza and receive
a FREE can of pop & dipping sauce

One coupon per day. PICK UP OR WALK IN ONLY
Must inform if using coupon when ordering

Valid October 1st, 2026 - December 31st, 2026



Home of Authentic Chicago Deep Dish Pizza
Serving Maple Ridge for over 20 years!

 **Mona Pizza**

TAKE OUT. DELIVERY . ONLINE ORDER

22292 Dewdney Trunk Rd, Maple Ridge
www.monapizza.ca

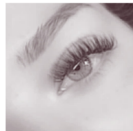
604-463-1111 or 604-463-2448



236-427-4892

info@thenailistbeauty.ca

Unit 101-22337 Lougheed Hwy



📷 @thenailist_studio 📺 @The Nailist Beauty Co

**Wake up with darker, lifted lashes
and perfectly shaped brows.**

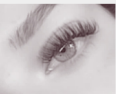
Lash Lift & Tint Deal

FREE brow wax (\$20 value)

& a \$10.00 certificate for your next visit!

Valid October 1st, 2026 - December 31st, 2026

*one coupon per customer *must present coupon in-store *not valid with any other discount or offers*



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**SURE PRINT &
COPY CENTRE**

**Photocopying • Full Colour Laser Copies
Full Service Printing
Large Format Copying • Laminating
Spiral Binding**

**22307 Lougheed Hwy.
Maple Ridge, BC
V2X 2T3**

**Tel: 604-467-8744
surebc.com
sure@surebc.com**



FREE
SONICARE
ELECTRIC
TOOTHBRUSH

newEra

DENTIST

Step up your Dental Care routine with a Free Electric Toothbrush after your New Patient Hygiene and Oral Exam appointment.



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NewEraDentist.com



20-22265 Dewdney Trunk Rd
Maple Ridge, BC V2X 3H9